

Promoting Buprenorphine in Family Medicine residency programs

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- 1. Two new faculty who were certified and in by the department chairman Dr. Tom Campbell
- 2. Grand Rounds and one Buprenorphine clinic a week
- 3. Elective where residents can attend the Buprenorphine clinic
- 4. 2 week elective: Suboxone clinic, time with me and others in offices
- 5. Required time learning about Buprenorphine
- 6. Other faculty becoming certified

Community Outreach Grant

1. HERSA grant, added to one they already had: to train residents and community physicians
2. Free 4 hour online and 4 hour live course:
2 in Rochester and 1 in Dansville
3. For residents, faculty, and community physicians
4. Includes PAs and NPs. One NP faculty promotes this
5. Part time staff who will help practices set this up
6. Promoted through DSRIP, hospital groups, heroin task force and Excellus Blue Cross
7. 50 attended first one, 15 signed up for rural one

Featured work at the Mid-Hudson FM Residency in Kingston, NY



- “Assessment of Addiction Medicine Training in Family Medicine Residency Programs: A CERA Study”:
 - Most commonly cited barrier: Lack of faculty expertise

Tong S, Sabo R, Aycock R, Prasad R, Etz R, Kuzel A, Krist A. Assessment of Addiction Medicine Training in Family Medicine Residency Programs: A CERA Study. *Fam Med* 2017;49(7):537-543.

- Our Alumni survey – last 3 classes (2014, 2015, 2016) n= 24
 - 12 alumni (50%) are providing MAT as part of their practice
 - 18 alumni (75%) feel somewhat or very competent to deal with substance abuse issues

Current residents n= 29

4 Family Practice Health Centers: **215** unique patients

- Kingston: 120
- Ellenville: 43
- New Paltz: 37
- Hyde Park * : 37

Data is based on patients receiving at least 1 Buprenorphine prescription within the last 90 days (1/14/18).

*only site not having residents

Currently 6 women on Subutex (pregnancy)

- Comparison from 9/2106: 198 Pts total; 3 women on Subutex

- Community and county education projects in Upstate NY such as Narcan training performed by Faculty & Residents
- Integrated treatment of Opioid dependent Pregnant women pre/during/post pregnancy and care of NAS babies at Kingston Hospital and Albany Medical Center NICU
- Work in the Community:
 - Step 1 program
 - Methadone Program
 - Bridgeback
- Benefits and challenges

Other Issues

1. Promotion by Society of Teachers of Family Medicine Addiction Interest group
2. 2 courses at their annual meeting
3. Worked with ASAM to allow any resident to do the course on line free if they join ASAM as a resident member for a year (\$50 dollars)
4. In 6 months 372 residents have done this: 6 from New York State
These are only those who did this through this program There are other live programs such as NYSAFP course at their annual meeting